



# Preghiamo



NEWS SOURCE FOR THE ITALIAN APOSTOLATE OF THE ARCHDIOCESE OF NEWARK

# A REFLECTION ON ST. ANTHONY OF PADUA

Rev. Michael C. Barone

Most people know St Anthony because he helps us find lost things. This devotion comes from a legend during his life when he had a precious psalter stolen from him, when books were expensive and rare. He had notes written in the pages from which he taught the other friars. Saint Anthony prayed to have it returned; and the young man who stole it did so, even entering the Franciscan Order, thereby finding not only the book, but saving a lost soul. The renowned preacher did so much more to restore belief to those who had lost the faith as well. Surely you know the popular story wherein St. Anthony was being ignored by a town of people who refused to hear his counsel to repent. The saintly Friar went to the water and preached to the fish who rose to the surface to hear his holy words. If we pay attention to our Holy Patron's teachings and his sermons, if we examine his life and follow his example, then he will restore something even more precious to us than missing car keys, not things, but true devotion to the mysteries of God.

Such was the case in a lesser-known story from Rimini in northern Italy. A man named Bononillo openly mocked Christians for believing that Jesus was truly present in the Eucharist.



#### A Reflection on St. Anthony of Padua (continued)

After arguing with him the truths of our Holy Faith with proofs from Scripture and Tradition, Saint Anthony had an idea that was truly inspired. Realizing that Bononillo being was St. stubborn as mule. а Anthony made a wager. He challenged the merchant that if his own dumb animal would adore the Body of Christ, would he then profess belief in the Eucharist. Agreeing to the contest set for three days the non-believer hence. decided to starve his mule until then; when at one end of the town square, he arranged a pile of hav and delicious foods. certain the famished animal could not resist the urge to gorge itself. But when Saint Anthony emerged from the church at the other end of the square, carrying the Sacred Host, the Bread of Life; all were astonished to see the mule reject the food and proceeded toward its Maker to kneel in adoration before the Blessed Sacrament. Bononillo was true to his word, found the Faith, and believing submitted himself to be baptized.



So great is this Doctor of the Church, that he is claimed both by Lisbon, Portugal where he was born, but also by Padua where, still performing miracles, he is entombed, after having taught theology to countless students. Church history certainly knows him for his erudition in the pulpit and for his writings, yet so many of us prefer to think of Anthony as the friar who gives bread to the poor and calms us during frantic searches. He is indeed, in the example of the Apostle Paul, "all things to all men."

#### A Reflection on St. Anthony of Padua (continued)

See how sweet statues of St. Anthony are, often depicting him holding not only the lily of purity, but the Christ Child in divine conversation, as if planning a spiritual game of "hide and seek." Pay no attention to men who say we should not honor statues of the saints. These are not idols, but rather windows to the holy ones they represent. We respect and care for them, as a laborer respects his tools. Pictures and statues support our faith by placing beauty before our eyes, in a world offering so much ugliness. They remind us of the triumph of heaven, just as a loving a picture of one's mother reminds him of the nurture he received from her hands. Traditional images of St. Anthony preach; as if the Friar is teaching us to focus on Christ, to look to Jesus. No matter what we lose, no matter how much we worry, there's nothing that cannot be solved by looking to our loving God who was born to save us. St. Anthony always points to Christ, for we were once lost, but in the Person of His Son, The Lord came in search of us. Even when we try to hide for fear of our sins, we are earnestly sought out and offered forgiveness. By the prayers of St Anthony, whenever we feel lost or forgotten, may we always be found and restored to God's saving grace.



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# THE CATHOLIC CARTOON by JOSHWA MASTERSON











# A TRADITIONAL CAKE TO CELEBRATE THE FEAST OF ST. ANTHONY OF PADUA

#### Dolce del Santo

Adapted Recipe and Photos from LaMaggioranaPersa.com

#### Ingredients

- Pasta sfoglia rotonda, un rotolo/Puff Pastry, one round
- Uova, 4 (circa 230 grammi di peso)/Large Eggs, 4 (about 230 grams in weight)
- Zucchero, 180 grammi/Sugar, 180 grams
- Farina 00, 150 grammi/Double Zero Flour, 150 grams
- Fecola, 50 grammi/Corn Starch, 50 grams
- Burro, 120 grammi/Butter, 120 grams
- Uvetta, 100 grammi/Raisins, 100 grams
   (Soak them in water before baking to plump them up!)
- Mandorle pelate, 60 grammi/Peeled Almonds, 60 grams
- Marmellata di albicocche, 3-5 cucchiai/Apricot Marmelade, 3-5 tablespoons.
- Vanillina, mezzo cucchiaino/Vanilla Extract, Half Teaspoon (or use Vanilla Bean)



In un robot o con lo sbattitore, rompere le uova e sbatterle a lungo con lo zucchero e la vanillina: occorreranno circa 20 minuti. Nel frattempo tagliare il burro a dadini e scioglierlo nel microonde. Tritare metà delle mandorle e frantumare grossolanamente le rimanenti con un coltello. Setacciare insieme la farina con la fecola. Srotolare la pasta sfoglia e allargarla con il mattarello per ampliare la superficie. Rivestire con la sfoglia, direttamente sulla carta alimentare, un tegame di 20 centimetri di diametro e ripiegare i margini verso l'esterno. Distribuire la marmellata di albicocche sul fondo e spolverare sopra con la farina dicmandorle. Aggiungere l'uvetta e le mandorle tritate. Quando le uova saranno chiare e spumose, versare a filo il burro fuso. Trasferire il composto in una ciotola e, con una spatola, unire la farina e fecola mescolando con un movimento dall'alto verso il basso per non smontare le uova. Rovesciare il composto nella tortiera e ripiegare con delicatezza, perchè non affondino, i lembi di pasta sfoglia sull'impasto. Infornare a 175°C gradi per 30 minuti e lasciare nel forno spento con sportello chiuso per 5 minuti.

In a food processor or with a beater, beat the eggs, sugar, and vanilla extract for about 20 minutes. Meanwhile, cut the butter into cubes and melt it in the microwave or in a saucepan. Chop half the almonds and coarsely crush the remainder with a knife. Sift together the flour with the cornstarch. Roll out the puff pastry and enlarge the surface with a rolling pin. Line an 8-inch-diameter first with parchment paper, and then place the puff pastry directly on top, folding the edges outward. Spread apricot jam on the bottom and sprinkle the crushed almonds on top. Then add the raisins and chopped almonds. When the eggs are light and fluffy, drizzle in the melted butter. Then, with a spatula, gently fold in the flour and starch, mixing in a top-to-bottom motion so as not to "deflate" the eggs. Pour the mixture into the cake pan and gently fold the flaps of puff pastry over to form a "purse" so they do not sink into the batter. Bake at 350°F for 30 minutes. Then turn the oven off and leave the cake in the oven with the door closed for an additional 5 minutes.

#### LEARN A NEW DEVOTION

## Entrust Your Letters to St. Anthony

Taken from "Say a Prayer to Saint Anthony" by Benedict O'Donoghue O.F.M



### S.A.G. - ST. ANTHONY GUIDE!

Another practice of those who are devoted to St I Anthony is to entrust their letters to his care. St I Anthony became the special Patron of written messages and the Protector who watches over the safe delivery of letters because of a remarkable event. A merchant had gone from Spain to Peru on business. Although his wife wrote to him several times she did not receive any answer, so she decided to get St Anthony to help her. With childlike confidence she went to the Franciscan church in Oviedo and placed a letter in the hands of the statue of the Saint, asking him to deliver it to her husband. Later she returned to the church, and to her great joy, she founds a reply I from her husband in the place of the letter. With it were several gold pieces. The letter may still be seen I at Oviedo. It was dated: Lima, July 23, 1729, and I states that the wife's letter was delivered by a Franciscan Father. Usually, those who invoke St Anthony's protection in this way write "S.A.G." on the back of their letters or seal their letters with St I Anthony guide seals.

## **S.A.G.- SANT'ANTONIO GUIDA!**

Un'altra pratica dei devoti di Sant'Antonio è quella di affidare le proprie lettere alle sue cure. Sant'Antonio è diventato il Patrono speciale dei messaggi scritti e il Protettore che veglia sulla consegna sicura delle lettere a causa di un evento straordinario. Un mercante si era recato dalla Spagna al Perù per affari. Sebbene la moglie gli avesse scritto più volte, non aveva ricevuto alcuna risposta, così decise di farsi aiutare da Sant'Antonio. Con la fiducia di una bambina si recò nella chiesa francescana di Oviedo e mise una lettera nelle mani della statua del Santo, chiedendogli di consegnarla al marito. Più tardi tornò alla chiesa e, con sua grande gioia, trovò una risposta del marito al posto della lettera. Con essa c'erano diversi pezzi d'oro. La lettera è ancora visibile a Oviedo. Era datata: Lima, 23 luglio 1729, e afferma che la lettera della moglie è stata consegnata da un padre francescano. Di solito, coloro che invocano la protezione di Sant'Antonio in questo modo scrivono "S.A.G." sul retro delle loro lettere o sigillano le loro lettere con sigilli guida di Sant'Antonio.

























Lent Day Retreat

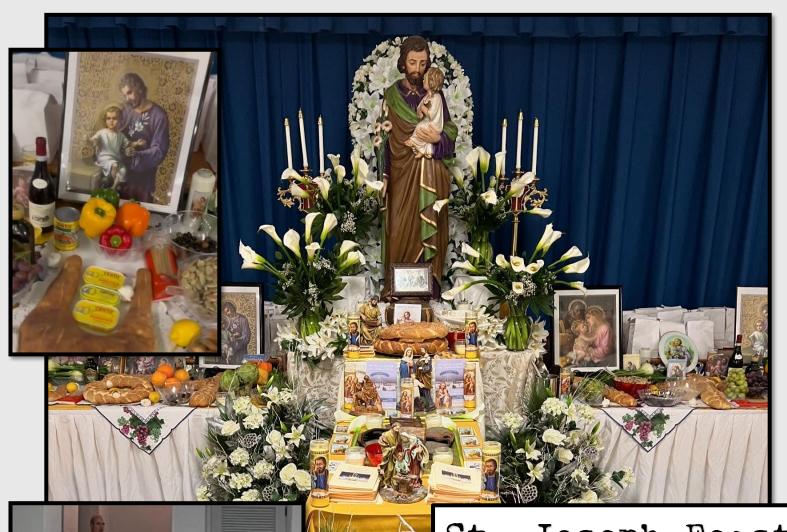








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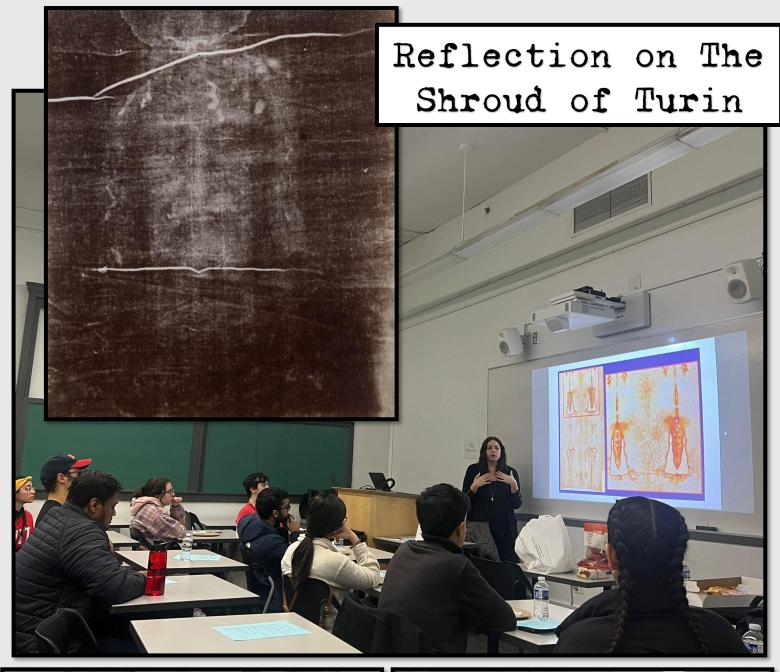


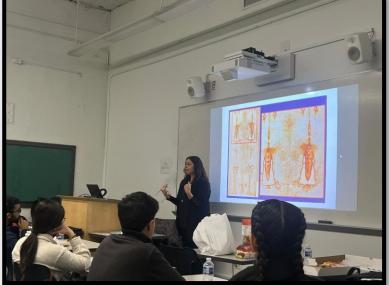
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